Cabernet F1



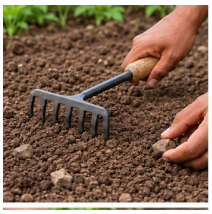
Beetroot planting guide

Direct sow

Choose a mild or cool growing period; avoid the hottest weather in hot districts. Sunny position.

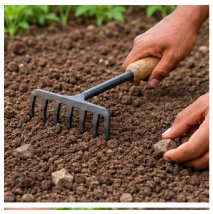
SEED DEPTH	FINAL PLANT SPACE	ROWS / DENSITY
1.5-2 cm	5-10 cm after thinning	30-40 cm

1. Prepare the bed



Make a fine, loose seedbed in well-drained soil. Remove weeds and hard clods.

2. Sow gently



Sow 1.5-2 cm deep where the plants will grow. Water gently so the seed stays in place.

3. Thin seedlings



Once established, thin crowded seedlings to 5-10 cm apart. Keep 30-40 cm between rows.

4. Keep moisture steady



Keep the seedbed gently moist for emergence. Water evenly as roots develop and weed carefully.

Harvest: Lift roots at the size you prefer, before they become oversized and fibrous.

Growing note: These are crop-level starting instructions. Follow the seed-lot label if it specifies a different depth or layout.

Use local conditions and the current seed-lot label. Method illustrations show the practice, not exact cultivar appearance.

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Sources and picture credits

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The planting instructions use crop-level references checked on 18 October 2026. Depth and spacing are starting points. South African sowing windows vary with local frost, altitude, heat and rainfall; follow the current seed-lot label and supplier advice.

PLANTING REFERENCES

Beetroot Production in Limpopo Province

https://www.ldard.gov.za/index.php/beetroot-production-in-limpopo-province

Beetroot brochure

https://www.nda.gov.za/phocadownloadpap/Brochures_and_Production_Guidelines/Brochure%20Beetroot.pdf

How to Grow Beets in Your Garden

https://extension.usu.edu/yardandgarden/research/beets-in-the-garden

PICTURE CREDITS

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